# **SNACKS & SHAREABLES**



# **MUSSELS**

Local mussels steamed in garlic and white wine.
Served with garlic butter 1 lb. 13

#### **CALAMARI**

Corn flour dusted then flash fried. Topped with sweet chili and balsamic glaze. 14

# MARITIME OYSTERS 🥗 🤌



On the half shell served with house mignonette. Ask about our selection.

1/2 dozen priced daily



Look for this logo beside select menu items. It signifies quality Nova Scotia food products.

# **SOUPS & SALADS**



# SQUASH & APPLE SOUP %

Roasted butternut squash, apple, cinnamon, nutmeg and ginger, puréed into a sweet soup, topped with green onion and pumpkin seeds.

Served with a French roll. 11

#### SEAFOOD CHOWDER 🥯

Haddock, bay scallops, cold water shrimp and baby clams in a light milk based broth. Served with a French roll. 16

French Roll 1.50 Baguettine Loaf 4

### FACTORY HOUSE SALAD

Mixed greens and a garden vegetable medley, served with honey citrus vinaigrette. 11

#### BEET SALAD

Mixed greens tossed in a balsamic citrus dressing. Topped with beets, mandarin slices, radish, feta cheese and candied nuts. 12

#### CAESAR SALAD

Romaine lettuce, garlic croutons and bacon tossed in classic creamy Caesar dressing. 10

Add chicken, shrimp or salmon to any salad 8

Dinner 2019

Gluten Friendly option available. Please ask your server for details.

Taxes not included

# ATLANTIC SEAFOOD



### ADAMS & KNICKLES SCALLOPS 💝 🤌

Pan seared scallops, served with garlic mashed potato and seasonal vegetables. 25

# PAN FRIED HADDOCK

Pan fried haddock topped with lemon dill butter.
Served with garlic mashed potato
and seasonal vegetables. 25

# FISH & CHIPS 👀

Ice House Ale battered deep fried haddock.
Served with crispy fries,
Tancook Kraut coleslaw and house tartar sauce.
Two piece 19
Add a piece 5



# FACTORY FISH TACOS

Breaded haddock, chili lime mayo, slaw, blueberry pickled onions and cilantro on two tortillas.

Served with kettle chips. 19

### LUNENBURG FISH FRY %

Ice House Ale battered, deep fried haddock, breaded shrimp and scallops.

Served with crispy fries, Tancook Kraut coleslaw and house tartar sauce. 29

#### SALMON

Atlantic salmon baked and topped with maple mustard glaze.

Served with garlic mashed potato and seasonal vegetables. 25

# **EAST COAST FAVOURITES**



## NOODLE BOWL

Rice noodles and seasonal vegetables stir fried in a maple chili ginger sauce. 16 Add chicken, shrimp, or salmon 8

# CAPE LAHAVE CHICKEN

Chicken, mushrooms and bacon baked in honey mustard, topped with mozzarella cheese. Served with garlic mashed potato and seasonal vegetables. 23

### BEEF SKEWER 👀 🖑

Six ounces of beef tenderloin, peppers, and onion served with demi glaze, garlic mashed potato, and seasonal vegetables. 25

#### SURF & TURF SKEWERS 👀 🤌

One six ounce beef tenderloin skewer with peppers and onions.
One shrimp and scallop skewer.
All served with demi glaze,
garlic mashed potato and
seasonal vegetables. 37

Dinner 2019

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